Therapeutic Hypothermia: The cold hard facts.

Marci Ebberts, RN, MSN, CCRN

mebberts@saint-lukes.org

1. History
2. AHA Evolution regarding TH
	1. New changes for 2016
3. Recent research
	1. 33 vs 36, Nielsen
	2. Prognostication
4. Practical Implementation
	1. Inclusion/Exclusion criteria
	2. “Boarding a plane”
	3. Cooling methods
	4. Monitoring
		1. Temperature
		2. Shivering
		3. Sedation
5. Complications
	1. Of cardiac arrest, complicated by hypothermia
	2. Of hypothermia itself
6. Future applications for TH
	1. MI
	2. Stroke
	3. Anoxia