

REFRA	MING	YOUR	THINKING	#3:



REFRAMING YOUR THINKING #4:



OBJECTIVES:

- Define common myths about leaders and leadership
- Verbalize strategies participants can use to employ leadership strategies at the bedside

Bonus Objective: 0800 coffee, amusement and networking with fellow critical care nurses and one overly-exuberant presenter who is a painfully spirited morning person.

DINNER TABLE DEFINITIONS:

- What is a leader?
- Emma (13yo)- "Someone who sets an example."
- Kenton (10yo)- "Someone who motivates people."
- Charlie (9yo)-"Someone who stands up for people."
- Cooper (7yo)-"Someone who sets an example for other people to follow."
- Jason (Undisclosed)-"Johnny Gomes"

MYTHS ABOUT LEADERS AND LEADERSHIP:

- Myth #1-One must possess a certain title or position to be a leader
 - Leaders come in a variety of shapes, sizes, ages, positions and backgrounds
 - o Position or "rank" does not define one's ability to lead
 - Duration of one's career does not define one's ability to lead
 - Leadership doesn't exclusively apply to people in the same roles

MYTHS ABOUT LEADERS AND LEADERSHIP:

- Myth #2: People who are successful/entrepreneurs/powerful are leaders
 - The best leaders are the ones standing beside the members of their team
 - The best leaders push their team toward a common mission and goal
 - o Leaders don't have to be in the spotlight

	133	
INFLUENCE OF NURSING		
"The trained nurse has become one of the great blessings of humanity, taking a place beside the physician and the priest."		
-William Osler		
MYTHS ABOUT LEADERS AND	17.5	
LEADERSHIP:		
 Myth #3: Not all nurses are leaders All nurses have the potential to be leaders to and for: Each other 		
PatientsFamily MembersPhysicians		
Hospital/Clinic/Healthcare Leadership Ancillary Team Members The community		
· The community		
	17.5	
CHARACTERISTICS OF A LEADER:		
 Authentic Honest Good-Great Communicator 		
Willing to delegate or ask for help Positive		
Confident Committed		
© Creative © Dedicated to their team		
	1991	

@ A	0 = 0 0 0 = 0	♠ N □	@ n n m		n @ == n n @
(C./ <u>A</u>)	1// IIN((n	(())		SIRE	IGTHS:

- Words often used to describe nurses:
 - o (Crowd Participation)
 - Are these unlike the characteristics of leaders we already reviewed?
 - Nurses are ideal leaders-both at the bedside, within organizations and in the community.

WOMEN AS LEADERS:

- Roughly 90% of the workforce in nursing is comprised of females
- Transformational leadership emphasizes empowerment and collaboration - traits traditionally associated with women
- When rating their own effectiveness, male leaders tend to rate their abilities higher than their female counterparts

GENERATIONAL CONSIDERATIONS:

- Differences are not a bad thing
- Traditionalists, Boomers, Gen X, Gen Y, Millenials...

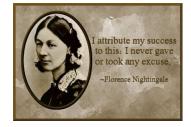
THOSE WHO CRITICIZE
OUR GENERATION FORGET
WHO RAISED IT.

UENC	ING	CHA	NGE

- Be "Friendly and Flexible..." Open to new ideas and thoughts
- Get certified!
- Be cognizant about what you post on social media sites-people know you're a nurse!
- Capitalize-Nursing is one of the most highly respected professions in the country/world.
- Volunteer!

CLOSING THOUGHTS:

- Nurses are Role Models/Preceptors/Students
- There is room for everyone as a leader in one capacity or another. Long gone are the days of eating our young
- Too much at stake-leadership must be encouraged
- The value of empathy cannot be overstated



_			
•			
-			
-			
-			
_			
_			
-			
-			
-			
-			
-			