

Working Together – Stronger! Bolder!

Mary Stahl, RN, MSN,
ACNS-BC, CCNS-CMC, CCRN
AACN President



Learner Objectives

- Identify what you personally bring to your work, and how to capitalize on this
- Discuss how to optimize the contributions within your teams
- Recognize how to drive to Stronger and Bolder outcomes



What Have You Contributed Just By Yourself?



What Have you Contributed By Accident?



Reality is...

- We work hard to develop an array of skills
- Our work is integrated with that of others



For Example

- Inserting an IV or NG tube
- Helping a family through an end of life decision
- Teaching a new nurse how to identify a dysrhythmia on an ECG strip



The Power of Together

- Diversity of perspectives
- Complimentary skills
- Inspiration
- Challenge
- Partnership
- Energy



What do YOU Bring?

- What is your unique contribution
 - As a nurse
 - Individually
- What are your key gifts?
- What can you share with others?



A Nurse Brings

- Nursing knowledge
- Experience
- Holistic Perspective
- Compassion
- Advocacy and integrity



Necessary Skills

- Leadership
- Communication & collaboration
- Infrastructure & networking
- Evidence based practice
- Stewardship



Values

- Family focused care
- Continuum of care
- Quality of life
- Personal connection
- Compassion



Individual Skills and Talents



What Are Your Gifts?



Making the Most of Your Gifts

- Know your abilities
- How you can have the most impact?
- What need/gap can you fill?
- Identify what you can't do
 - Figure out who has that skill
 - Decide if you want to develop it yourself - - and then how



If You Could Pick Your Team

- A different viewpoint
- Skills you don't have
- Experience
- Someone you can learn from
- Someone you can mentor



Teams Succeed Because...

- Shared commitment & goals
- Dedicated to collaboration
- Establish a pattern of interaction
- Bring out your best
- Trust others to bring their A game



How Does That Happen for Us?

"Code Blue, room..."



Are We Stronger & Bolder?

- Have we done all we can?
- What have we learned that could help us push further?
- Have we shared this excellence?
- Is there something that has limited us?
 - How could we push past?



Checking in: How is YOUR team doing?



Exemplar

- Interprofessional education
 - Nursing and medical education
 - Best practices of collaborative patient care
 - Developing new models for other schools to follow
 - Cultivate skilled knowledge and attitudes through course work, clinical training and community service projects



\$746,000 grant from the Macy Foundation

Don't Miss a Chance to Learn



Mentor: Pay It Forward



Together in Chapters

- Who can you work with?
- How can you increase your impact?
- How can you motivate and inspire?



Are You An Ambassador?

- Who can you reach out to?
- What additional value can you bring?
- Who can you help to connect?



**Live on the outer edge of your possibilities,
Not the inner edge of your securities.**



Together • Stronger • Bolder

Mary.Stahl@aacn.org or on FB - AACN Mary Stahl