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# Celebrating the Ruby Red 40th Anniversary at Visions

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The 26th Annual VISIONS Symposium was a great success! Attended by over 100 critical care nurses, the two day event opened with Keynote Speaker and AACN National President Kathryn Roberts—daring those in attendance to recognize the importance of working together to create the most healthy of work environments in order to provide the best outcomes to our patients.

Bobbi Leeper presented on the assessment of preload responsiveness and was also acknowledged for her long-standing contribution to the Greater Kansas City Chapter of American Association of Critical Care Nurses (GKCC of AACN).

This year also marked the 40th anniversary of the GKCC of AACN. The chapter celebrated the Ruby Red milestone on the evening of February 28th.

The celebration entailed a photo booth, appetizers, trivia games, a historical slide show, and networking games.

A huge thanks to Caryl Goodyear-Bruch and the Anniversary Planning Committee!

Once again, we had a good group of vendors providing attendees an opportunity to do some shopping between sessions. The silent auction also provided some entertainment and fundraising for the annual Greater Kansas City Chapter scholarships.

Please join us next year for the 27th Annual Visions symposium. We plan to continue to grow and improve and Dare You to join us on this journey.



# **UPCOMING EDUCATIONAL OPPORTUNITIES!!**

## What's a Horse Have to Do with Hemodynamics? April 19th 0800-1200

Presented by Mindy Stites

This offering will provide a review of the pathophysiology of shock, present an evidence-based approach to shock, and discuss available and emerging hemodynamic monitoring technologies.

Click to Register

### Ventricular Assist Devices

### June 12th

Presented by Nancy Richards

his offering will discuss the use of ventricular assist devices in the acute care setting.

More details coming soon!

### **COMING SOON!!**

Trauma Continuing Education Offering in September.

# More details coming soon!!







### CHAPTER DINNER AT NTI:

Please join us at our annual regional get together at NTI 2013 in Boston! The event will be held at a fun retro martini bar and lounge on Monday 20th from 5P to 630P. Appetizers and 1 drink will be provided. Look for more information in the coming weeks. We hope you can join us for food and fun!!



### **\$75 REIMBURSEMENT FOR BEING A LOCAL CHAPTER MEMBER**

Greater Kansas City Chapter members are eligible for \$75 reimbursement for NTI. You will need to register for the NTI Main Conference and make payment in full for the conference fees. You may submit your rebate form anytime prior to NTI, as long as you

have received your NTI, as long as you have received your NTI confirmation letter, which will be sent to you once your registration is processed.

See the attached reimbursement form. The form must be signed, dated, and postmarked no later tan 06/15/2013.



# CONGRATS TO THE 2013 GREATER KANSAS CITY CHAPTER SCHOLARSHIP RECIPIENTS...

Rose Garcia Susan Rockley Cindy Sobek Judee Herring Emily Barnett



In an effort to increase the benefits of Greater Kansas City Chapter membership the chapter board is happy to announce the first chapter general membership meeting. And not just a boring membership meeting but free dinner and some education. After a very brief agenda, Trish Harris RN will be speaking on "Why Moving Your Patient Out Makes Sense." The education and dinner are sponsored by Select Medical.

These meetings will be offered at least 6 times per year, each with education and food. All free for Chapter Members.

Please join us for the very first event! Be sure and RSVP before the seats are all filled.

### **GREATER KANSAS CITY AACN**

**INVITES YOU TO A** 

### **GENERAL MEMBERSHIP MEETING**

**APRIL 25TH AT 6pm** 

SPONSORED BY SELECT MEDICAL

WHERE: UPSTAIRS AT TOM FOOLERIES

COST: FREE TO AACN LOCAL MEMBERS (YES FREE!)

#### WHAT IS IN IT FOR ME?

- FREE FOOD AND DRINK
- FREE EDUCATION
- FUN WITH YOUR PEERS
- AN OPPORTUNITY TO TELL US HOW TO BETTER MEET YOUR NEEDS

EDUCATION TOPIC: WHY MOVING YOUR PATIENT OUT MAKES SENSE SPEAKER: TRISH HARRIS RN

RSVP REQUIRED CHERYL RADER CVRN 911 @ HOTMAIL.COM REGISTRATION IS CAPPED AT 50—FIRST COME FIRST SERVE

# New GKCC Board Elections: April 5th-April 19th

### PRESIDENT-ELECT: Heather Nelson, RN, BSN, CCRN

Staff Nurse, Medical Intensive Care Unit-University of Kansas Hospital

Affiliate Faculty-University of Kansas School of Nursing

My passion is all-things nursing, with emphasis in critical and progressive care. In 2011, I received my BSN from the University of Kansas School of Nursing, and I now am back working towards my PhD in Nursing with a research focus in organizational leadership. The Medical Intensive Care Unit at the University of Kansas Hospital has been my professional practice home since 2010. In 2012, I attained CCRN certification. That same year, I began teaching clinical and now didactic courses in the BSN program for the University of Kansas School of Nursing. I am deeply passionate about equipping student nurses with the tools necessary for a successful transition to practice including mentoring and modeling professional values.

It has been a pleasure to serve on the AACN Greater Kansas City Chapter board for the past 2 years as Education Co-Chair Elect and Education Co-Chair as well as various committees including *Project Show Me . . . We Care* and the 40<sup>th</sup> Anniversary Chapter Celebration. In 2012, I attended my first NTI and Leadership Development Workshop where I committed to Dare To . . . inspire our chapter to stretch further and in new ways.

I am interested in serving as President Elect so that together we can continue to advance the future of critical and progressive care through exemplary practice, education, and leadership.

#### TREASURER-ELECT: Laura Sanders, RN, MSN, CCRN [ICU Manager, Liberty]

I am currently the ICU Manager at Liberty Hospital. I have been a secretary, President, and Past-President of the GKCC-AACN within the last 5 years. I have been a member of AACN since 1993 when I knew I wanted to be in the critical care area as a nursing student. I have been active with Vision's in different capacities and helped with the Auction Baskets the last 2 years. I would like to be placed on the ballot for treasurer-elect for the 2013-2014 year.

#### TREASURER-ELECT: Kay Luft MSN, RN, [Professor, St. Luke's College of Nursing]

Kay Luft has been a nurse educator at Saint Luke's College in Kansas City for almost 30 years. Her areas of teaching and clinical expertise include critical care nursing, adult health, and pathophysiology. Kay is also an instructor for the Kaplan Corporation and has been helping new graduates prepare for the NCLEX for almost 20 years.

Kay graduated from Avila College in 1974 (BSN) and the University of Kansas in 1983 (MN). She is currently a PhD in Adult Education student at Capella University and is in the dissertation phase. Kay has also been a co-contributor and reviewer for many nursing textbooks published in recent years.

Kay is an active member of the American Association of Critical-Care Nurses (AACN), most recently having served as President of the local chapter (GKC-AACN). She has served as a national chapter advisor for Region 14 (Missouri and Kansas), and has served on a variety of different advisory teams. She is also a member of Sigma Theta Tau, ANA and MONA. Kay serves on the Nursing Research Council at Saint Luke's Hospital and volunteers her time as an ACLS instructor once or twice a year. Kay has maintained her professional certification in critical care nursing (CCRN) for 20 years and became a certified nurse educator in 2010. Kay appreciates the many opportunities she has had through her job and the AACN organization to promote her own and her students' learning and professional development.

#### SECRETARY: Courtney Hodges, RN, BSN [Quality Assurance Coordinator, Shawnee Mission Medical Center]

"I earned a BS in Business Management in 2005 from Baker University and a RN/BSN in 2007 from Baker University. I have four years of Critical Care experience. I obtained my CCRN in July 2010. I am earning my MSN in Organizational Leadership from KU School of Nursing and have an estimated graduation date of May 2015!

I am married to Paul Ramlow. He works at KCUMB as a Research Scientist on neurodengerative diseases. We have a wonderful 5 month girl, Taryn. We also have two dogs, Maggie and Wally. We live in Overland Park and love our busy lives!

I am currently employed at Shawnee Mission Medical Center where I work in the Quality Management Department as a Quality Assurance Coordinator. I work closely with physicians, policies and procedure, and CMS core measures.

I would like to continue my role on the Board as the secretary. I have enjoyed the past year and working with such a strong and collaborative Board. It is important for me to stay involved in critical care and I am grateful for the opportunity. I am a dedicated individual who wants to make a lasting imprint in nursing and continue to be involved in the greater KC community."

#### SCHOLARSHIP COORDINATOR: Nancy Haynes, RN, PhD, CCRN

Recently retired from teaching at Saint Luke's College for over 35 years. Position Scholarship. I feel that serving on the board of our local chapter is a great privilege and I am committed to furthering the interest of critical care here in Kansas City. I feel that through scholarships our local chapter can assist the nurses in the community attend educational events, both local and national

# New GKCC Board Elections: April 5th-April 19th

### COMMUNICATIONS CO-CHAIR ELECT: Akiko Kubo, RN, BSN, CCRN

Employment: The University of Kansas Hospital, eICU Nurse Manager

#### School: University of Kansas School of Nursing, Lawrence, Kansas, 2005 (BSN)

I joined AACN as a new ICU nurse in 2005 with the hopes that being part of a professional organization will help me stay current in the specialty field of critical care. Soon thereafter, I had the opportunity to attend NTI and I was hooked. I've never been around so many critical and progressive care nurses passionate about the same things I am. The experience was so inspiring that I wanted to become more involved in our local chapter activities. That's when I started lecturing at the Critical Care and Progressive Care Courses, teaching CCRN review courses, attending and presenting at the annual Visions Symposium, and networking with peers from other metro area hospitals. These experiences got me involved at the board level in 2010 when I became the Membership Chair. Since then, I've served as the President-Elect and current President of the chapter, recruiting new board members, making a more electronic presence in this digital age with an enhanced website, electronic registration, social media, and so forth. Holding a variety of board positions has provided multiple opportunities to learn new skills such as event planning, budgeting, marketing, networking, and leadership beyond the bedside. I would like to continue utilizing these skills and serve our AACN membership base in a different position as Communications Co-Chair Elect for 2013-2014.

HISTORIAN: Caryl Goodyear-Bruch, RN, PhD [ Director of Professional Resources and Leadership Development for Children's Mercy Hospital, Kansas City, MO}

Caryl is a Past President of the American Association of Critical-Care Nurses. She is a critical care clinical nurse specialist and prior to working at CMH, she was employed by University of Kansas Hospital as a critical care CNS and the University of Kansas as a clinical associate professor. Caryl's passion is the nurse; supporting nurses in their optimal contribution to patient care. Caryl has had a variety of positions including charge nurse, CNS, staff educator, and acting nurse manager and has lectured on several topics including neuromuscular blockade, hemodynamics, oxidative stress, healthy work environments, evidence-based practice, and leadership. Her contribution to the Greater Kansas City Chapter, AACN includes past president, treasurer, scholarship chair, and education co-chair. Caryl considers her professional home to be AACN and is dedicated to enhancing the local chapter's efforts to support nurses. Her PhD in nursing was earned in 2005 with a minor in physiology, her MSN from California State University, Long Beach in 1988 and her BSN in 1979.

**EDUCATION CO-CHAIR ELECT: Jennifer McNiel BSN, RN, CCRN** [Quality Outcomes Coordinator-Critical Care and Emergency Services, University of Kansas Hospital]

Jennifer McNiel graduated from The University of Kansas School of Nursing in 2008 with a bachelor's degree in nursing. She has spent her clinical time on the Medical ICU as a staff nurse and Unit Educator before her current position as a Quality Outcomes Coordinator for Critical Care and Emergency Services.

I am very interested and excited about the opportunity to continue to serve on the board for GKCC AACN. I have a passion for critical care nursing and love to support continuing education and motivating nurses to reach the next level of their career.

**EDUCATION CO-CHAIR ELECT: Janet Marts** RN, MSN, CCRN [Unit Educator, Cardiovascular Progressive Care Unit, University of Kansas Hospital]

Janet received her BSN from Washburn University and her MSN from Walden University. She has been the unit educator on Cardiovascular Progressive Care Unit at the University of Kansas Hospital since July 2012 and at KU for 12 years. She has been a telemetry, progressive care nurse her entire career. She also teaches basic dysrhythmia and is a BLS instructor. I would like to be on the board to help plan classes that focus on PCU topics. I am not far from the bedside so feel I understand what they are experiencing.

### MEMBERSHIP CHAIR: Cheryl Rader, BSN, CCRN-CSC [Cardiothoracic ICU. Stl Luke's Hospital]

Cheryl Rader graduated from Graceland University with a BSN in 1979 back when it was a College. Cheryl is our current Chapter Advisor for AACN Region 14.

"I have worked at St. Luke's Hospital in the Cardiothoracic ICU for the past 20 years. Prior to that, I had worked in general ICUs and Progressive Care Units for 13 years. I have always loved critical care. I remain a bedside staff nurse although I am very active in our Shared Governance process so I get lots of opportunities to do things outside my unit.

I became active in AACN about 10 years ago when I was encouraged to take my first board position by someone who I have viewed as a positive example of professionalism. I think the membership chair has the opportunity to reach out to chapter members and potential members. As I have participated in several AACN national work groups I have been able to see how other chapters function and hope to bring some new ideas to our chapter. Being on the GKCC board helps me remain energized and active in caring for our profession. It isn't possible to become stale or burned out when you are constantly meeting new and motivating critical care nurses. I also would like to work toward increasing our membership particularly from the Progressive Care area."



### Greater Kansas City Chapter Board Member Elections Continued

It's that time of year again...election time. Out local chapter has elections for several positions this year. As an active member of the local chapter of GKCC AACN, you are eligible to vote for the next Board. You should have received the link to the Survey Monkey. If you did not, email aacn.gkcc@gmail.com

Voting will be open from April 5, 2013-April 19,2013.

### **National AACN Elections**

As an AACN member, you have earned the privilege to vote. Thank you for taking the time to make this contribution to the future of AACN and acute and critical care nursing.

Voting online is quick and easy. Click on the vote icon below and follow the instructions or go to <u>www.aacn.org</u>.

You will need your Member ID Number, which is located on your member card. Voting closes April 22 at 11:59 p.m. EST.





# Meet the Board Members

President > Kay Luft/ Akiko Kubo President Elect > Janell Huskey Secretary > Courtney Hodges Treasurer > Brad Strecker Education Chair > Caryl Goodyear-Bruch & Heather Nelson Education Co-Chair Elects > Stacia Peters & Cher Brownback Communications Chair > Jennifer McNiel Communications Chair Elect > Mindy Stites & Amanda Gartner Membership > Cheryl Rader

Scholarships > Nancy Haynes Historian > Angelia Foster

