

# The Nuts and B-OLTS of Liver Transplantation

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## Objectives:

- Describe the pathophysiology of liver disease
- Identify indications for liver transplantation
- Discuss post-operative management of patients receiving an OLT (orthotopic liver transplant)

## University of Kansas Hospital:

- Academic Medical Center
  - 596 beds
- Medical and Transplant ICU
  - 14 bed unit
  - 69% of RNs are certified
  - Specialties include ALF, ESLD, hepatobiliary operations and OLT
- Hepatology outpatients - 3,100
- Current waitlist ~131 patients



## University of Kansas Hospital:



## Common Thread?



## History of Liver Transplantation

## History of Liver Transplantation

- **1958-1960** Northwestern University
  - Dr. Thomas E. Starzl begins liver transplantation in dogs
- **1963** University of Colorado
  - Dr. Starzl first human liver transplant
- **1967** Dr. Starzl first successful liver transplant
  - Short term survival
- **1981** University of Pittsburgh
  - Worlds largest liver transplant program
- **1984** NIH Consensus Conference
  - Deems liver transplantation accepted treatment for end-stage liver disease
- **1984-90** Pittsburgh performs > **400 transplants per year**
  - Trains the leaders of many of the worlds pioneering programs



Picture available at: Nature.com

## Birth of International Affair

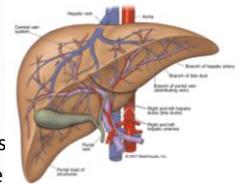
- Living Donor Transplantation
  - Australia: 1988
- Split Liver Transplantation
  - Germany: 1988
  - France: 1988
- Living Donor Right Lobe
  - Hong Kong: 1993
- Domino Liver Transplantation
  - Portugal: 1995



## Why is the liver so important?

### Blood Flow

- Abundant blood supply
  - 1/3 of the cardiac output flows through the liver every minute
- Dual blood supply consisting of a portal vein and hepatic artery
  - 75% of blood supply is from the PV
  - 50-60% of the oxygen supply is from the PV
  - The hepatic artery is the sole oxygen supply of the bile ducts



## Liver Functions:

- Functions (>10,000)
  - Metabolic
  - Synthetic (protein, clotting)
  - Immunological (Kupffer cells)
  - Detoxification
  - Drug metabolism
  - Production of bile/clearance of bilirubin
  - Glucose homeostasis
  - Storage

## Hepatocyte Injury

- Liver Enzymes:
  - Transaminases:
    - Alanine aminotransferase (ALT) is liver specific
    - Aspartate Aminotransferase (AST) is present in many organs
  - Transaminases mark acute hepatocellular injury
  - Causes of acute rises (>2000) include:
    - viral hepatitis
    - hypoxic
    - ischemic injury
    - obstruction to blood supply (Budd Chiari)
    - acute toxic injury (acetaminophen)

## Injury vs Function

- Liver enzymes are NOT liver function tests
  - Enzymes perform functions
  - Elevations are markers of injury
- Liver function tests might be better represented in:
  - Bilirubin
  - INR
  - Albumin
  - Glucose (in acute liver failure)
  - Drug metabolism (certain drugs like lidocaine)

## Bile Duct Injury

- Hepatic Excretory System
  - Serum Bilirubin
    - Used to assess the liver's function
    - Elevation seen later than enzymes
  - Alkaline phosphatase
    - Released during disorders affecting the bile duct
  - $\gamma$ -glutamyltransferase (GGT)
    - Sensitive indicator of hepatobiliary disease

## Physical Signs

- Jaundice
- Edema
- Muscle Wasting
- Gynecomastia, testicular atrophy
- Encephalopathy, asterixis
- Progressive splenic enlargement
- Ascites
- Caput Medusae



## What happens when the liver fails?

## Common Complications

- Cirrhosis
- Portal Hypertension
- Ascites
- Spontaneous Bacterial Peritonitis
- Gastrointestinal Bleeding
- Renal Dysfunction
- Hepatopulmonary Syndrome
- Portopulmonary Hypertension
- Hepatic Encephalopathy
- Coagulopathy

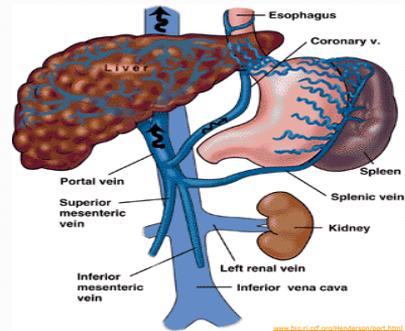
## Coagulopathy

- Synthesis of coagulation factors is decreased
  - Prolongation of INR, indicating hepatic dysfunction
- Platelet dysfunction
- Reduced circulating levels of fibrinogen
- Avoid FFP and Platelets unless:
  - Actively bleeding
  - Invasive intervention is required

## Portal Hypertension

- Is characterized by increased resistance to flow in the portal venous system
- Sustained portal vein pressure >12mm Hg (normal 5-10mm Hg)
- Caused by Prehepatic, Intrahepatic and Posthepatic obstructions
- The major complications are ascites, splenomegaly and bleeding from esophageal varices.

## Portal Hypertension



## Ascites

- Fluid in the peritoneal cavity is increased
- Causes
  - Portal hypertension
  - Renal salt and water retention
  - Impaired synthesis of albumin by the liver
- Diagnosis: SAAG
- Treatments:
  - Dietary restriction of sodium
  - Diuretics
  - Water restriction
  - Large volume paracentesis
  - TIPS



## Spontaneous Bacterial Peritonitis

- SBP is a bacterial infection that occurs in the peritoneal cavity
- High mortality
- Prevalence:
  - 7% to 17% of patients with cirrhosis
- Diagnosis:
  - Ascitic neutrophils >250/mm<sup>3</sup> on diagnostic paracentesis
  - Culture positive for a single organism
- Treatment:
  - Intravenous third-generation cephalosporin



## Variceal Bleeding

- Caused by portal hypertension
- Compounded by coagulopathy
- Develops in approximately 65% of persons with advanced cirrhosis, causing massive hemorrhage and death in half
- Tx:
  - B-Adrenergic blocking drugs are used to lower portal venous pressure
  - Administration octreotide or vasopressin
  - Balloon tamponade, endoscopic injection sclerotherapy, vessel ligation or esophageal transection

## Portosystemic Shunts



Esophageal varices

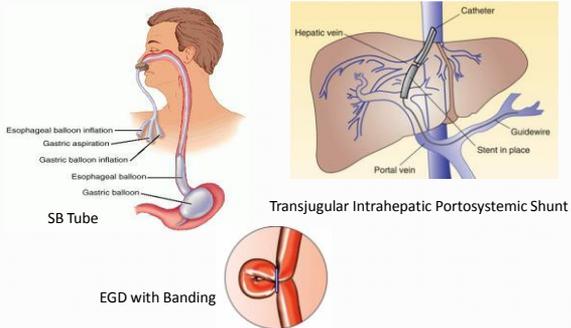


Caput Medusae



Hemorrhoids

## Invasive Treatments:



## Hepatic Encephalopathy

- Neural disturbance
- Causes
  - Blood bypasses the liver
  - Liver is unable to convert ammonia to urea
  - Ammonia moves into general circulation and crosses the blood-brain barrier
- Early sign: asterixis
- Late signs: decerebrate rigidity, deep coma
- Develops in approximately 10% of patients
- Treatment: Lactulose and/or Rifaximin, Neomycin, Flagyl

## Grades of Encephalopathy

<b>Grade I</b>	<b>Tremors, slurred speech, impaired decision making</b>
<b>Grade II</b>	<b>Drowsy, asterixis</b>
<b>Grade III</b>	<b>Confusion, somnolence</b>
<b>Grade IV</b>	<b>Comatose</b>

## Renal Dysfunction



- **Hepatorenal Syndrome (HRS)** is the development of renal failure with normal renal histology in the absence of nephrotoxic drugs, sepsis, intrinsic renal disease and hypovolemia.
- Occurs in up to 39% of patients within 5 years
- Intense renal vasoconstriction occurs → decreased total renal blood flow
  - An acute decrease in cardiac output is often the precipitating event
- Treatment: Albumin infusion in combination with a vasoconstrictor regimen for 7-14 days
  - Continuous Renal Replacement Therapy (CRRT)

## Indications for Transplantation

## Acute & Fulminant Liver Failure

## Indications for Liver Transplantation

- **Acute liver failure (ALF):**
  - Defined by several specific features
    - Illness less than 26 weeks duration
    - Absence of chronic liver disease
    - Acute hepatitis (elevation in AST/ALT) accompanied by elevation in INR >1.5
- **Fulminant liver failure:**
  - Far less frequent than ALF
  - Defined by the sudden onset of hepatic encephalopathy developed within 2 weeks of the onset of jaundice

## Indications for Liver Transplantation

- Common Causes of Fulminant & Acute Liver Failure
  - Infective (Viral: HAV, HBV)
  - Drugs (Acetaminophen, anti-epileptics, etc)
  - Toxins (Mushrooms, ecstasy, etc)
  - Vascular (Budd Chiari Syndrome)
  - Metabolic (Wilson's Disease)

## King's College Criteria for ALF

- Best known and most utilized system
- Criteria indicates which acute liver failure patients will require transplantation due to increased risk of mortality
- Acetaminophen-Induced ALF:
  - Arterial pH <7.3
  - INR >6.5 (PT >100 seconds)
  - Serum creatinine >3.4 mg/dL
  - Grade III or IV encephalopathy

## King's College Criteria for ALF

### Non-acetaminophen-induced ALF:

- INR >6.5 (PT >100 seconds)

### OR

- Any three of the following:
  - Drug toxicity indeterminate cause of ALF
  - Age <10 years or > 40 years
  - Jaundice to coma interval >7 days
  - INR > 3.5 (PT >50 seconds)
  - Serum Bilirubin 17.5 mg/dL

## Prognostic Markers ALF

- Factor 5 deficiency
- Hyperphosphatemia
- Lactic acid
- Creatinine (Renal failure)
- Time to encephalopathy

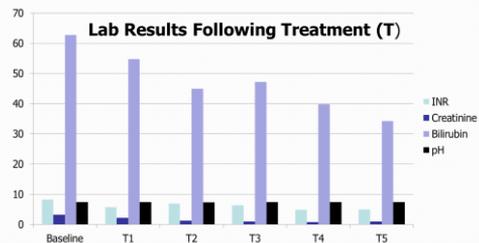
## Transplantation Recommended:

- Patient fails to respond to medical management
- Meet King's Criteria
- Severe synthetic dysfunction develops
- Appropriate psychosocial support structure
- Has not developed irreversible brain injury

## Molecular Adsorbent Recirculating System (MARS)



## Molecular Adsorbent Recirculating System (MARS)

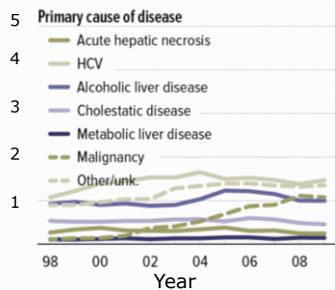


## Chronic Liver Failure

### Causes of Chronic Liver Disease

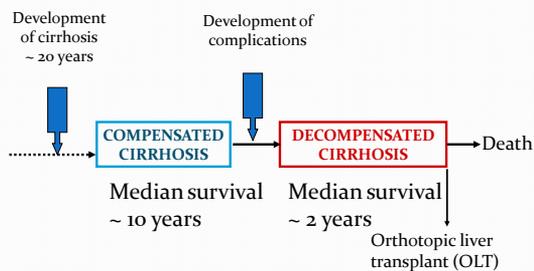
- Hepatitis C
- Alcohol Cirrhosis
- Nonalcoholic Steatohepatitis (NASH)
- Hepatitis B
- Autoimmune Hepatitis
- Primary Biliary Cirrhosis (PBC)
- Primary Sclerosing Cholangitis (PSC)

## Adult Liver Transplants (in thousands)



2010 OPTN/SRTR Annual Report, 2011 Table L1 4.2

### Timeline to Transplant:



# The List & Organ Allocation System



## Model for End-Stage Liver Disease:

- MELD is a mathematical equation used to predict mortality for patients with chronic liver disease
- Scores range from 6-40
- Lab Values Utilized:
  - Creatinine
  - Bilirubin
  - INR
- Three month mortality
  - MELD <9 = 1.9%.
  - MELD >40 = 71%



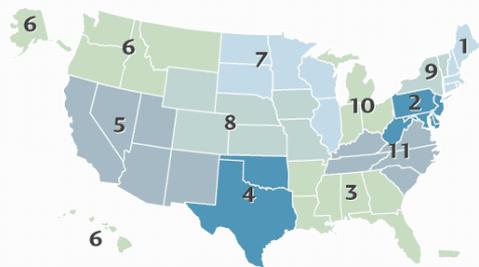
## Indications for Liver Transplantation

- MELD greater than 15 or HCC
  - With MELD  $\leq 15$ , mortality risk from transplant is equal to that of liver disease
- Manifestations of Hepatic Decompensation
  - Esophageal or Gastric Variceal Bleeding
  - Hepatic Encephalopathy (severe recurrent)
  - Spontaneous Bacterial Peritonitis
  - Significant Ascites

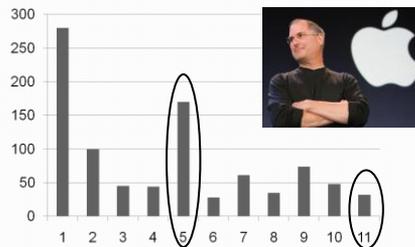
## Contraindications to Transplantation

- | Relative Contraindications                       | Absolute Contraindications             |
|--|--|
| - Extrahepatic sepsis                            | - Severe Pulmonary HTN (MPAP > 50mmHg) |
| - Moderate Pulmonary HTN (MPAP 35-50mmHg)        | - Substance abuse                      |
| - Lack of psychosocial support                   | - Extrahepatic malignancy              |
| - Advanced cardiopulmonary disease               | - Uncontrolled sepsis                  |
| - Extensive thrombosis to the portal circulation | - Inability to demonstrate compliance  |
| - HIV (with CD 4+ <100)                          |  |
| - Age > 75 years                                 |  |
| - Morbid obesity                                 |  |
| - Advanced malnutrition                          |  |

## Organ Procurement Regions:

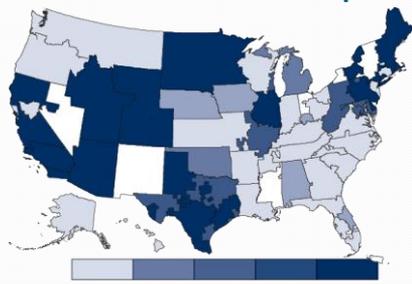


## Days to Transplantation by Region



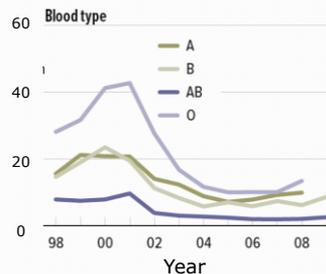
2007, OPTN/SRTR Data, Figure V-13

### Median MELD Scores Transplanted:



2009 OPTN/SRTR Annual Report 2011 Table L1.44

### Median Months to Transplantation:

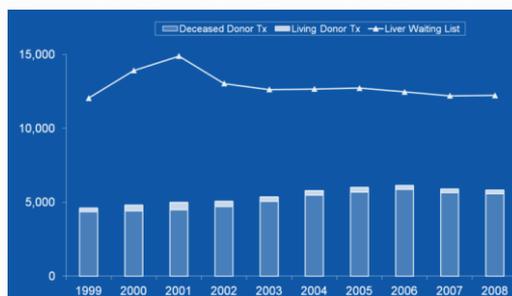


2010 OPTN/SRTR Annual Report 2011 L1.1.9

### A National Perspective

So what is the need?

### Disparity Between Supply and Demand:



2009, OPTN/SRTR Annual Report 2008 Table 1.7, 9.1a, 9.1b

### Death Rates per 1,000 Patient Years

	2003	2004	2005	2006	2007
MELD score, no exceptions					
6 to 10	38	37	36	36	35
11 to 14	72	68	72	66	69
15 to 20	157	166	154	141	125
21 to 30	794	739	721	722	596
31 to 40	4,978	4,969	4,581	3,828	3,758

2008, SRTR Data, Table IV-10

### Scarce Resource

- Efforts to Decrease Organ Shortage:
  - Increase Donor Rates
    - Increase Awareness
    - 'Opt Out' System
    - Improve Hospital System
  - Use of Extended Criteria Donors (ECD)
  - Domino Liver Transplants
  - Splitting of Organs
  - Living Donors

# The Operative Procedure

## Intra-Operative View:

### 3 Phases of OLT:

- Pre-Anhepatic Phase
- Anhepatic Phase
- Neohepatic Phase

## Pre-Anhepatic Phase:

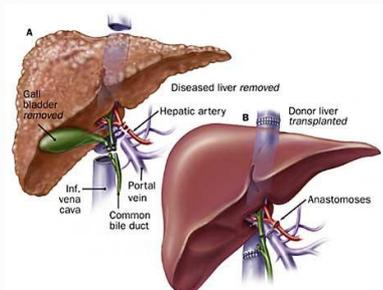
- Mobilization of the native liver
  - Isolation of the supra and infrahepatic vena cava, portal vein, and hepatic artery
  - Division the bile duct
  - Coagulopathy and portal hypertension may yield large blood loss
  - Clamps applied to the remaining vasculature



## Anhepatic Phase:

- Native liver is extracted
- Orthotopic placement of donor organ
- Donor liver is anastomosed
  - Suprahepatic Cava
  - Infrahepatic Cava
  - Portal Vein
  - Hepatic Artery
- Administration of HBIG for HBV patients

## Anhepatic Phase:



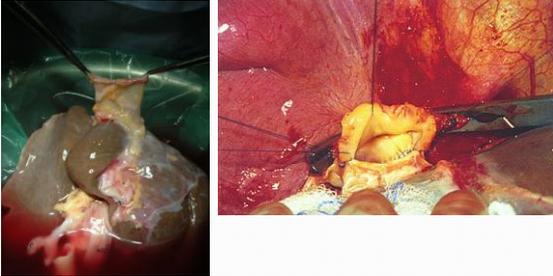
## Anhepatic Phase:

- Occlusion of IVC
  - Decreased venous return to heart → Decreased cardiac output
  - Increase in bleeding secondary to engorged portal vasculature
  - Increased in renal venous pressure

## Suprahepatic Cava

Donor

Recipient



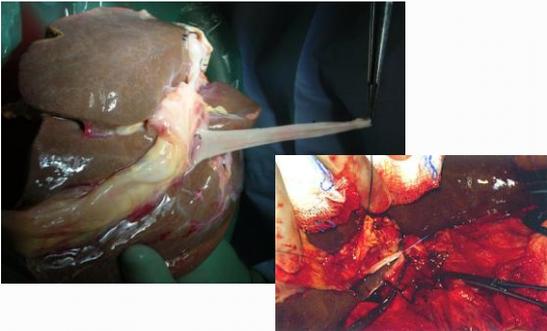
## Infrahepatic Cava

Donor

Recipient

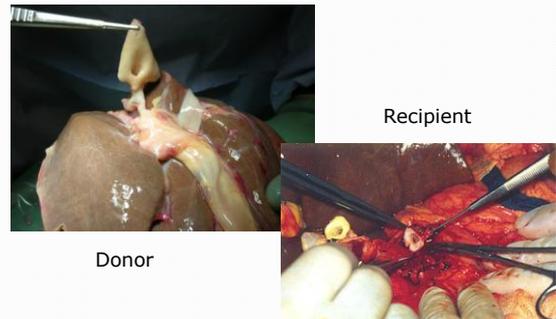


## Portal Vein



## Arterial Anastomosis

Recipient

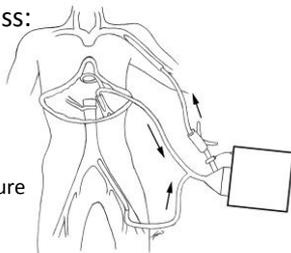


Donor

## Anhepatic Phase:

### Venovenous Bypass:

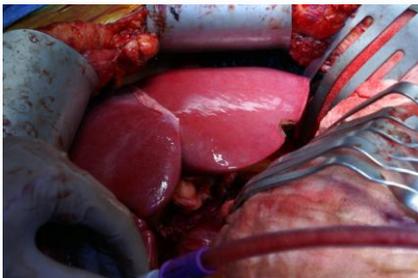
- Air embolus
- Thromboembolism
- Hypothermia
- Exsanguination
- Trauma to vasculature



## Neohepatic Phase:

- Vascular clamps are removed
- Transplanted liver is reperfusion
- Hemodynamic instability may follow
  - Hypotension
  - Cardiac arrhythmias
  - Electrolyte abnormalities, especially hyperkalemia and hypocalcemia
- Biliary anastomosis completed

## Neohepatic Phase



## Neohepatic Phase:

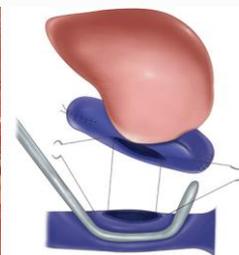
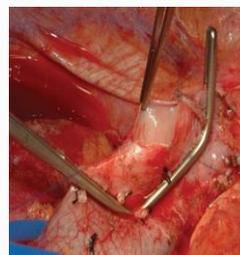
- Choledochocholedocostomy
  - Duct-to-duct anastomosis
- Choledochojejunostomy
  - Used when:
    - Native bile duct is diseased
    - Significant duct disparity is noted
    - Remaining bile duct is inadequate
  - Donor bile duct is anastomosed to a portion of the jejunum
  - Roux-en-Y



## Roux Limb:



## 'Piggyback' Method:



## Warm & Cold Ischemic Time:

### Cold Ischemic Time:

- Preservation of the hepatic allograft with concurrent use of Wisconsin solution and hypothermia

### Warm Ischemic Time:

- The time between the initiation of vena caval anastomosis and the reperfusion of the portal vein during which rewarming occurs

## Warm & Cold Ischemic Time:

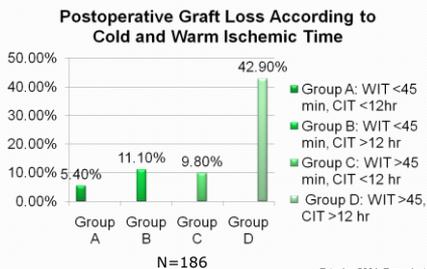
- Warm:
  - Largest impact on graft failure
- Cold:
  - Bacterial infection
  - Biliary and hepatic artery complications
  - Primary Non Function (PNF)

Variable	Level	Graft Failure	Mortality Ratio
Donor age (yr)	>55	1.2 ( $P = 0.20$ )	1.3 ( $P = 0.07$ )
Donor hospital stay (days)	>5	1.3 (0.03)	1.5 ( $P = 0.002$ )
Cold ischemia (hr)	>10	1.2 (0.08)	1.4 ( $P = 0.006$ )
Warm ischemia (m)	>40	1.8 (<0.0001)	1.7 ( $P = 0.001$ )
Recipient age (yr)	>55	1.5 (0.008)	1.5 ( $P = 0.008$ )
Recipient urgency	Yes vs. no	1.3 (0.008)	1.5 ( $P = 0.0006$ )

N = 1153

Cameron, 2006, Annals of Surgery

## Cold vs Warm Ischemic Time



## Conventional vs Piggyback:

Parameter	Piggyback (n=918)	Conventional (n=149)	p value
Operative time (min)	607.5±177.8	640.6±183.3	0.037761
WIT (min)	34.7±10.7	44.9±12.7	0.000000
Blood requirement (units)	13.4±11.5	17.6±17.8	0.000202
Usage of V-V bypass			
Yes	181 (19.7%)	118 (79.2%)	0.000000
No	737 (80.3%)	31 (20.8%)	

Nishida, 2006, International Hepato-Pancreato-Biliary Association

## Post Operative Management

## Post Operative Management:

### Patient Assessment:

- Vital Signs
- Mental Status
- Urine Output
- Abdominal Drain Fluid (if present)

## Ensuring Stability:

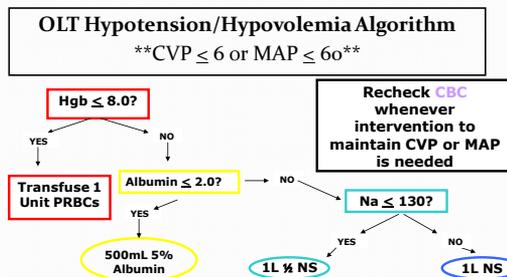
### Airway:

- Ensure patent airway
- Assess ABGs for acidosis
- Stat CXR
  - Pulmonary status
  - Line and tube placement

### Post Operative Hemodynamic Goals:

- CVP > 6mmHg
- MAP > 60mmHg
- Maintain normothermia without correcting hypothermia too quickly

## Resuscitation Algorithm:



## Lab Interpretation:

### Liver Enzyme Trends:

- ALT/AST peak
- Steady decline

### Assessment of Synthetic Function:

- INR
- Bilirubin

### Renal Function:

- Creatinine

### Abdominal Ultrasound

## Complications:

- Hepatic Artery Thrombosis
- Hemorrhage
- Primary Non Function (PNF)
- Portal Vein Thrombosis
- Biliary Complications
- Infection
- Graft Versus Host Disease (GVHD)
- Organ Rejection

## Hepatic Artery Thrombosis:

- Thrombosis occurs yielding loss of approximately 50% of the liver's oxygenation
- S/Sx
  - Elevation in ALT/AST, bilirubin & INR
  - ALT/AST lack downward trend
  - Change in clinical picture of patient
- Dx
  - STAT Abd US with dopplers



## Hepatic Artery Thrombosis (HAT):

- Intervention:
  - Emergent situation requiring transfer to OR for revascularization of liver
- Progression:
  - Parenchymal infarction
  - Necrosis
  - Sepsis
  - Need for retransplantation

## Hemorrhage:

- First 48 hours
- Causes:
  - Coagulopathy
  - Technical problem
- Interventions:
  - Blood product administration
  - Frequent H&H monitoring
  - Assessment of drain fluid
  - Possible abdominal re-exploration

## Primary Non Function (PNF):

- Early Indicators of PNF:
  - Organ:
    - Quantity and quality of bile production
    - Increased edema of the organ
    - Abnormal color or mottling of the organ
  - Patient
    - Prolonged hypothermia
    - Decrease in urine output
    - Hemodynamic instability
  - Lab abnormalities
    - Elevated: ALT, AST, bilirubin, INR, lactate, creatinine, potassium, phosphorus
    - Decreased: glucose

## Primary Non Function (PNF):

- Possible Contributing Factors:
  - Donor Quality
    - Steatosis
    - Increased donor age
    - Prolonged hospital stay
    - Prolonged CIT
  - Operative Complications
    - Prolonged WIT
    - Substantial blood loss

## Primary Non Function (PNF):

- Prevalence:
  - 2-5% with variation between transplant centers
- Treatment:
  - Replantation

## Portal Vein Thrombosis:

- Less common than HAT
- In the immediate postoperative phase, it is usually secondary to technical problems
- S/Sx:
  - Mild elevation ALT/AST
  - Possible intestinal ischemia
  - Portal hypertension

## Portal Vein Thrombosis:

- Dx by abdominal US with dopplers
- Interventions:
  - Early - thrombectomy
  - Late – manage complications of portal hypertension
  - Anticoagulation

## Biliary Complications:

- May occur at any stage following transplantation
- S/Sx:
  - Jaundice
  - Fever
  - Pruritus
- Labs:
  - Elevated alkaline phosphatase
  - Rise in bilirubin
  - Increase in gamma glutamyltransferase (GGT)

## Biliary Leaks:

- Leak Sites:
  - At the biliary anastomosis
    - Bile may be seen in drains or seeping through surgical incision
  - Within the liver (thrombosis)
- Patient may present with peritonitis and sepsis
- Treatment for Anastomotic Leaks:
  - Percutaneous stent placement
  - Stent placement via endoscopic retrograde cholangiopancreatography (ERCP)
  - Severe leaks may require Roux-en-Y

## Biliary Obstructions:

- Usually associated with technical complications or ischemia
- Dx:
  - US or MRCP may depict biliary dilation
  - Cholangiogram is often required to display obstruction site
- Treatment typically requires stent placement or occasional biliary revision

## Infection:

- Increased risk due to immunosuppression
- In the immediate post-operative phase, infections commonly gram negative and nosocomial
- Fungal infections more common in:
  - Patients transplanted for ALF
  - Patients admitted to ICU prior to transplant
  - Patients receiving renal support pre-transplant
  - Retransplantation
  - Patients receiving high dose immunosuppression

## Infection:

### Bacterial

Enteric gram negative bacteria  
Pseudomonas aeruginosa  
Legionella species  
Listeria monocytogenes  
Salmonella species  
Mycobacterium tuberculosis  
Nontuberculous mycobacteria

### Viral

Cytomegalovirus  
Epstein-Barr virus  
Herpes simplex virus  
Varicella zoster virus  
Human herpesvirus-6  
Papillomavirus  
Adenoviruses  
Respiratory syncytial virus  
Influenza virus  
Enterovirus  
Parvovirus

## Infection:

### Fungal:

Candida species  
Aspergillus species  
Cryptococcus neoformans  
Pneumocystis carinii  
Coccidioides immitis  
Histoplasma capsulatum  
Blastomyces dermatitidis

### Parasitic:

Toxoplasma gondii  
Cryptosporidium  
Strongyloides stercoralis

## Organ Rejection:

- Hyperacute
  - Within minutes to days of transplantation
  - Extremely rare
- Acute
  - Most commonly seen in the first 7-14 days following transplant but may occur as far out as 1 year
  - Seen in 20-40% of patients, especially during immunosuppression taper
- Chronic
  - Less frequent and occurs over prolonged period
  - Seen in 5-15% of patients
  - Uncommonly requires retransplantation

## Organ Rejection:

- Acute
  - Diagnosed based on clinical picture with confirmation by liver biopsy
- Labs
  - Elevated ALT/AST, bilirubin and INR
- Treatment
  - High dose, intravenous glucocorticosteroid x3 days
  - Followed by rapid steroid taper
  - 90% will respond to steroid treatment
  - Non-responders must be treated with Thymoglobulin

## Calcineurin Inhibitors:

- Cyclosporine (Neoral, Gengraf)
  - First CNI used in transplant
- Tacrolimus (Prograf):
  - Approximately 100 times more potent than CSA
- Administered q12 hours
- Serum trough drawn daily
- Ideal serum level varies patient to patient depending on clinical picture and co-administration of other immunosuppressive agents

## Calcineurin Inhibitors:

### Side Effects:

#### 3 Ns:

Neurotoxicity  
Nephrotoxicity  
Neoplasm

#### 5 Hs:

Hypertension  
Hyperglycemia  
Hyperkalemia  
Hirsutism  
Hyperplasia (gingival)



## Immunosuppression:

### Induction Agents:

- Used when patient has creatinine greater than 1.6
- Allows delay of CNI administration and chance for renal recovery
- 3 most commonly used drugs
  - Simulect (basiliximab)
  - Thymoglobulin (anti-thymocyte globulin)
  - Methylprednisolone



## Antiproliferatives:

- Typically used in conjunction with CNI
- Side effects include thrombocytopenia
  - Dosage starts low
  - Increase dose as the platelet count begins to recover
- 2 most common:
  - CellCept (mycophenolate mofetil)
  - Azathioprine

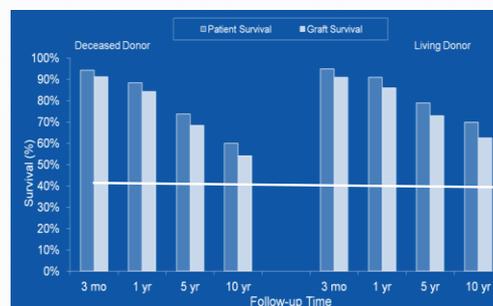
## Others:

### Rapamycin (Sirolimus, Rapamune):

- Decreases T cell proliferation
- May be used in place of CNI
- Used in the HCC population due to its prophylactic effect on cancer cells
- Side Effects
  - Hyperlipidemia
  - Proteinuria
  - Severe, non-healing wounds
- Cannot be used until 3 months post OLT
- Initiate alternate IS prior to elective surgery



## Patient and Graft Survival:



## Case Review #1

- ML is 24 year old female admitted with ALF secondary to unintentional acetaminophen toxicity.
- Clinical Picture:
  - Grade IV encephalopathy
  - Intubated to protect airway
  - CRRT initiated for renal failure
- Labs 36 hours post ingestion:
  - pH 7.21
  - INR 7.2 and rising
  - Bilirubin 3.8 and climbing
  - ALT/AST 12971/9135

## Case Review #1

- **As the patient's RN, what your main objectives?**
  - Maintain adequate serum glucose levels
  - Ensure airway is patent
  - Correct coagulopathy prior to placing HD catheter
  - Start CRRT in a timely manner to correct acidosis in conjunction with mechanical ventilation
  - Administer NAC (N-acetylcysteine) IV as ordered

## Case Review #1

- Does ML meet King's Criteria to be evaluated? **Yes**
- An OLT workup is completed and she is listed
- 26 hours following listing the liver transplant coordinator on-call receives an offer, which is accepted by the physician
- What medication, other than immunosuppression, should the nurse expect, knowing she was listed for ALF and in the ICU before transplantation? **Antifungal**

## Case Review #2

- JB is a 47 year old male transplanted for HCV acquired in the '80s following a blood transfusion
- He has been out of the OR for 6 hours, remains intubated with periodic hypotension noted.

	<b>Post-Op Labs:</b>	<b>6 Hours Post OLT:</b>
ALT/AST:	857/694	1267/1051
Bilirubin:	8	10
INR:	2	3.1
Creatinine:	1.9	2.3

## Case Review #2:

- What are some possible concerns with the patient's lab results? **PNF or HAT**
- What do you request from the physician?  
**Abdominal US with Dopplers**
- The ultrasound is completed with no hepatic artery visible. The patient is taken to the OR and the thrombus is removed.

## Current Supply and Demand:

- 89,000 people in the USA awaiting organ transplants
  - 17,000 on liver list alone
- Every 13 minutes a new name is added to the waiting list
- 7,000 people die annually on waiting list
- Register as an organ donor



## Transplant Questions:



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